

Worship : Realign

Worship is a response of reverence at the revelation of God, acknowledging His worth and realigning us to His reality.

God realigns the priority and pattern of worship to be in spirit and in truth. John 4:21-24

- We must worship in spirit and in truth.
- We must sing with the spirit and the mind. 1 Corinthians 14:15
- Worship is all about what we give rather than what we get, but we can't outgive God.

Worship realigns our hearts and minds toward becoming more like Christ. Romans 12:1-2

- Postures and Methods of Worship that help realign our hearts and minds:
 1. **Bowing/Kneeling:** Psalm 95:6 *"Come let us bow down in worship, let us kneel before the Lord our Maker."*
 2. **Standing:** Psalm 119:120 *"My flesh trembles in fear of You; I stand in awe of Your laws."*
 3. **Dancing:** Psalm 149:3 *"Let them praise His name with dancing and make music to Him with tambourine and harp."*
 4. **Shouting:** Psalm 98:4 *"Shout joyfully to the Lord, all the earth; break forth and sing for joy and sing praises."*
Also, Psalm 33:3, 47:1, 65:13, 98:6; 2 Samuel 6:15
 5. **Silence:** Psalm 62:1 says, *"My soul waits in silence for God only; from Him is my salvation."*
 6. **Lifting of hands:** Psalm 63:4 *"So I will bless you as long as I live; I will lift up my hands in Your name."*
1 Timothy 2:8 *"lifting up holy hands, without wrath and dissension."* Hands express the inner man.
Desperate for some response from God, David says in Psalm 143:6, *"I stretch out my hands to Thee; my soul thirsts for Thee like a parched land."*
 7. **Falling on your face before God:** Revelation 7:11 *"they fell on their faces before the throne and worshiped God."*
Also, Matthew 2:11; Revelation 4:10; 5:14.
 8. **Repetition:** Revelation 4:8 *"...and day and night they do not cease to say, 'Holy, holy, holy is the Lord God the Almighty, who was and who is and who is to come.'"*
 9. **Sing a new song:** Psalm 33:3 says, *"Sing to Him a new song; play skillfully with a shout of joy."*
Also, Psalm 40:3; 96:1; 98:1; 144:9; 149:1; Isaiah 42:10; Revelation 5:9; 14:3
 10. **Play various instruments:** Psalm 150:3-5 *"Praise Him with trumpet sound; Praise Him with harp and lyre. Praise Him with timbrel and dancing; Praise Him with stringed instruments and pipe. Praise Him with loud cymbals; Praise Him with resounding cymbals."*
Also, 1 Chronicles 15:16; 2 Chronicles 5:12-14 (Levitical singers); Psalm 3:2; 98:4-6

Worship realigns our perspective to the reality of God. Psalm 8 & Matthew 6:9-13

- Natural reactions vs. Trained reactions - training ourselves through worship
- The reality and truth of God is more important than any form of worship

Worship realigns our unity as one in Christ. John 17:21

- We are one in Christ despite personal differences when our worship is about our hearts being for God, rather than for ourselves.
- Isaiah 29:13-14 & Matthew 15:8
- Amos 5:21-24

Response: Repentance for how we have made worship something that it is not.

Digging Deeper + LifeGroup Discussion:

1. What postures or methods have you resonated with over your life? How have they been helpful for you to connect with the heart of God?
2. What postures or methods of worship have been uncomfortable for you? Why? Have you ever thought of them as unbiblical? How open are you to training your mind/heart/spirit through the physical acts listed in the scriptures?
3. Read Romans 12:1-2 and talk about if worship is singing or if it is more than singing. How does it work if it's more than singing? In those good times, how has your life been a "spiritual act of worship?"
4. Spend some time acknowledging your own preferences and hang-ups with worship through music. How have you made worship about what you get rather than what you give?

Next Steps:

COME TO THURSDAY NIGHT WORSHIP: Starting back up in September, join us each Thursday from 7:30 - 8:30 pm in the Underground to experience a time of Spirit-filled, passionate worship through music and a word of encouragement to encounter, engage and embrace the love of Jesus. calvarylife.org/thursday

ATTEND A 'SUNDAY SING': On each second Sunday this fall—September 9, October 14, and November 11—join Pastor Ron for an hour of hymns and classic praise songs from 4:00 - 5:00 pm in the Chapel. calvarylife.org/sing

FOLLOW THE 21-DAY WORSHIP & PRAYER DEVOTIONAL: We are made to worship, hard-wired by our Creator to be in awe of Him and express the reverence, respect and worth He is due. To help us all grow in this area, we invite you to participate in a 3-week journey of worship through daily scripture meditation and prayer. You can follow the Prayer Guide online on our Facebook, Instagram or website at calvarylife.org/breathe

PRAYER & FASTING: Join our church elders and staff on Thursday, August 30 in a day of prayer and fasting for unity and for God to use our church to see people transformed by the good news of Jesus Christ.

JOIN A LIFEGROUP: LifeGroups are ongoing small group communities that gather together to connect, grow and reach. Discover more by indicating "LifeGroups" on The Card or visit calvarylife.org/lifegroups