



Worship : Respond Isaiah 6:1-8

Worship is a response to God revealing Himself to us. Isaiah 6:1-4

- Our response: Bow before the King of Kings
- Hebrews 12:28 - *"reverence and awe"*
- The degree to which you respond in worshiping God is directly proportional to how you view Him.

Worship is a response of recognizing our sinfulness in the light of God's holiness. Isaiah 6:5

- Our response: Fall on our face and then rise, lift our hands and shout for joy.
- Isaiah 6:5 - *"Woe is me, for I am ruined! Because I am a man of unclean lips."*
- Nehemiah 8:9-10 - *"Do not be grieved, for the joy of the Lord is your strength."*

Worship is a response of wholehearted submission, giving our lives to serve God and glorify Him in all we do. Isaiah 6:8

- Isaiah 6:8 - *"Here am I. Send me!"*
- Our response: Spend our lives praying, giving and serving God.
 - Praying
 - Giving
 - Serving
 - Other Disciplines: See Digging Deeper

Response: Kneel down before God and surrender your whole life to God in worship.

Digging Deeper: Dallas Willard's list of Spiritual Disciplines

Disciplines of Abstinence are ways we abstain to some degree and for some time from the satisfaction of what we generally regard as normal and legitimate desires.

- **Solitude** is choosing to step free from human relationships for a period of time, in isolation or anonymity, to make room for occupation of our lives by God. It is to do nothing and not try to make anything happen. Solitude facilitates ministry because it enables clarity and resolution of purpose and strength to avoid distraction.
- **Silence** completes solitude. It is not an absence but a presence, a positive reality, in which we experience in quiet or are in a place with only natural sounds.
- **Fasting** is abstaining in some significant way from food and possibly from drink. (We may also fast from media or other things.) *Fasting is feasting* — on our Lord and doing His will. The function of fasting is to teach you how to be sweet and kind when you don't get what you want.
- **Frugality** is abstaining from using money or goods we have, refusing to gratify our desires for status, glamor, or luxury.
- **Chastity** is to turn away from dwelling upon or engaging in the sexual dimension of our relationships to others — even our spouse for an agreed upon time period.
- **Secrecy** is to abstain from causing our good deeds and qualities to be known.
- **Sacrifice** is to abstain from the possession or enjoyment of what is necessary for our living by forsaking the security of meeting our needs with what is in our hands. It is total abandonment to God.

Disciplines of Engagement are designed to re-connect us with God and the Kingdom of the Heavens.

- **Study** is engaging our minds with an objective order, especially the Word of God, to take that order into ourselves, enabling us to be "in sync" with reality in a way that is good for us and others. Study combines with meditation. The study of God in His Word opens the way for the disciplines of worship and celebration.
- **Worship** is to engage ourselves with, dwell upon, and express the greatness, beauty, and goodness of God through thought and the use of words, rituals, and symbols.
- **Celebration** completes worship because we enjoy ourselves, our life, our world, *in conjunction with* our faith and confidence in God's greatness, beauty, and goodness. Typically this means that we come together with others who know God to eat, drink, to sing and dance, and to relate stories of God's action in our lives.
- **Service** is engaging our goods and strength in the promotion of the good of others and the causes of God in our world.
- **Prayer** is talking with God about what we're thinking and doing together; it is co-laboring with God to accomplish the good purposes of His kingdom. Prayer almost always involves other disciplines and spiritual activities (e.g., study, meditation, solitude, or fasting). Don't seek to develop a prayer life — seek a *praying life*.
- **Fellowship** is engaging in common activities of worship, prayer, celebration, and service with other disciples of Jesus.
- **Confession** is to let trusted others know our deepest weaknesses and failures to nourish our faith in God's provision.
- **Submission** is doing what others think best. It is humbly setting aside our own ideas as supreme and our own will as ultimate, totally eliminating self-promotion. It is the highest level of fellowship.

LifeGroup Discussion:

1. How has worship been about what you get rather than what you give? How can you make it about giving?
2. How is worship about more than music or singing? How hard is it for you to remember that each day?
3. What spiritual disciplines would you like to engage in more? What can we do to help each other?

Next Steps:

JOIN US SUNDAY, SEPTEMBER 2 AT 9:30 AM: Everyone 6th Grade and up is invited to come worship together as we start a new series exploring the pivotal chapters of Mark 8-10 on "Jesus' Unexpected Way." calvarylife.org/sunday

CONNECT IN A GROUP THIS FALL: See today's insert for ongoing LifeGroups and special Workshops designed to help you connect with others in small group settings and grow in your faith together. calvarylife.org/lifegroups

JOIN A VOLUNTEER TEAM: There are many ways to give back by serving with Children, Students, Greeters, Safety, Medical and more. Stop in the Lobby today to learn how you can help or visit calvarylife.org/serve

PRAYER & FASTING: Join our elders and staff August 30 in a day of prayer and fasting for unity and for God to use our church to see more lives changed by Jesus. Follow the 21 Day Worship & Prayer Devotional at calvarylife.org/breathe



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